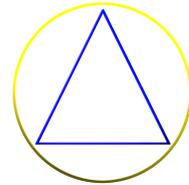


This work is totally interactive together with the assistance of the therapist where your full participation is involved for you to find your own transformation and healing from your own wisdom.



INNER GIFTS

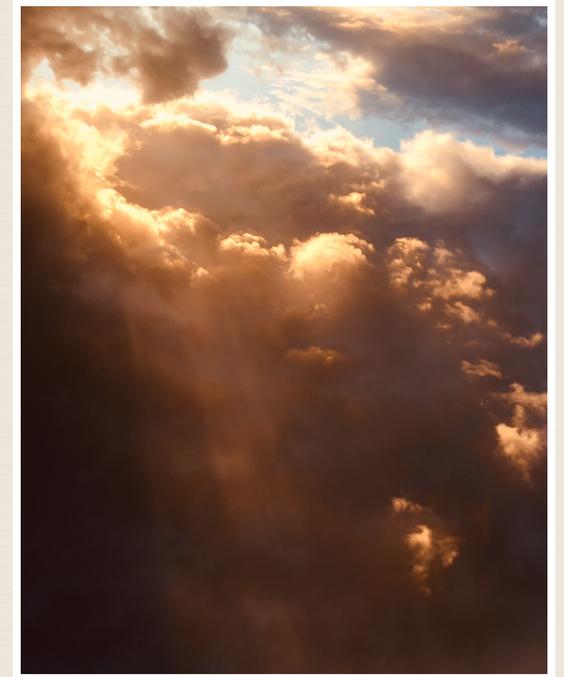


Inner Gifts

It works in line with your intention in the most beneficial way for you through the power of your imagination to tap into your subconscious mind where the root of your problem is deeply buried. This is a journey of profound self discovery bringing about answers and solutions to move forward freer often in the most surprising and unexpected way.

INNER GIFTS
Isabelle Goutines
07913 751445
innergifts.co.uk

REGRESSION THERAPY



Regression Therapy is a very powerful and transformative tool where you investigate yourself to go to the core of the issue in order to transform it.





The best sign of how motivated you are to do this intensive work deep into yourself is how much you are prepared to invest in yourself for a positive change.

Each session does last on average 2h30 to 3h00 and I currently charge £120 fee per session.

In return, I give you my focused and undivided attention, my skills and expertise.

Please consider that this work works directly with body memories, alongside the emotions, with the aims to release, transform and heal unhelpful and outdated memories.

This work can involve a lot of body work to release the body memories.

CASES STUDIES

I am currently looking for some people to work with as my case study for my last module of study with Transformational Regression Therapy.



When you are considering coming for a regression therapy, it is easier to come with an open mind as to what could emerge, while trusting the therapist to bring you there as we can end up either in a current life, inner child or a past life issue, or even a release of energy that doesn't belong to you.

As with any therapies, several sessions averaging between three and six are usually necessary for a total disappearance of the issue; however for the purpose of these cases studies I am looking for people who are committed to their own serious transformation for a two or three sessions only, after which it will be the personal decision of the participant to continue or be complete with their goal.

Please consider carefully what you would like to work on as we need to follow one very clear intention only, for example:

- Difficult emotion - sadness, anger, abandonment, rage, fear, shame, guilt, jealousy
- Unexplained physical symptoms - back pain, knees, shoulders, etc...
- Bodily functions - including weight control, sexual issues (women only), fertility / infertility, etc...
- Confidence issues - performance, public speech, etc...
- Responsibility - power, control issues, self-sabotage
- Childhood trauma - abuse, PTSD
- Difficulty in being in a human body - not wanting to be here, difficulties integrating into society, isolation
- Depression - low energy levels, sleep disturbances, issues around dying, phobias...